

# Live Your Best Life

## Let the Employee Assistance Program Help with Child Care Resources

Raising children is a full-time job and sometimes you need extra help and advice. Your Employee Assistance Program is here to assist you find quality child care, research the best schools, and locate resources in your community such as after school activities and summer camps.

- Child Care Centers
- Family Day Care Homes
- Summer Camps
- Public or Private Schools
- After School Care
- Respite or Sick Care
- Tutors
- Resources for gifted and special needs children
- Information on health, wellness, and child development
- Comprehensive online library of articles and tip sheets on every aspect of parenting and child rearing



Our qualified child care consultants are available to assist with resources customized to your situation.

**(800) 999-7222**

Or visit us online at  
[AnthemEAP.com](http://AnthemEAP.com) with login: SISC



**SISC**

Self-Insured Schools of California  
*Schools Helping Schools*

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