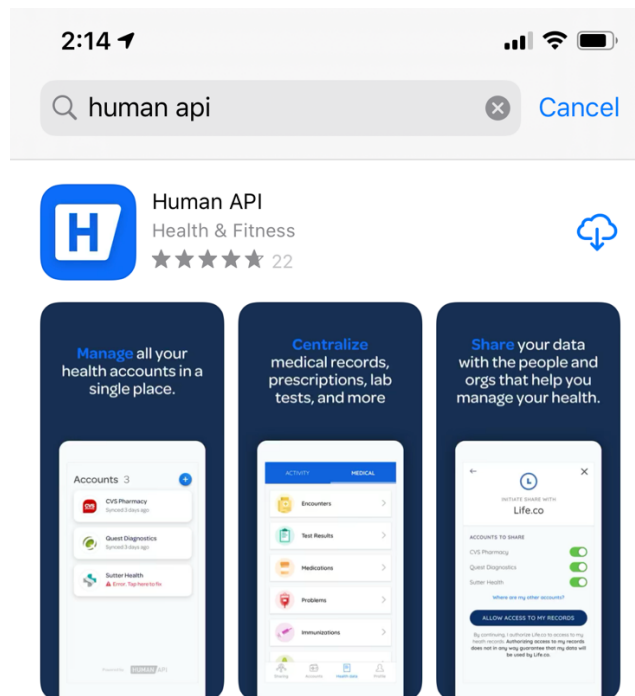# How-To Guide
## Connecting an Apple device with the MediKeeper Tracker

STEP 1

Go to the app store and download the Human API app.

STEP 2

Select the "Get Started" and create an account with Human API by entering in your email, creating a password, agree to the Terms of Service, and clicking "Sign Up".
This information does not have to be the same as the information you use to login into MediKeeper but keep note of the email and password you use because you will be required to enter them again in step 11.
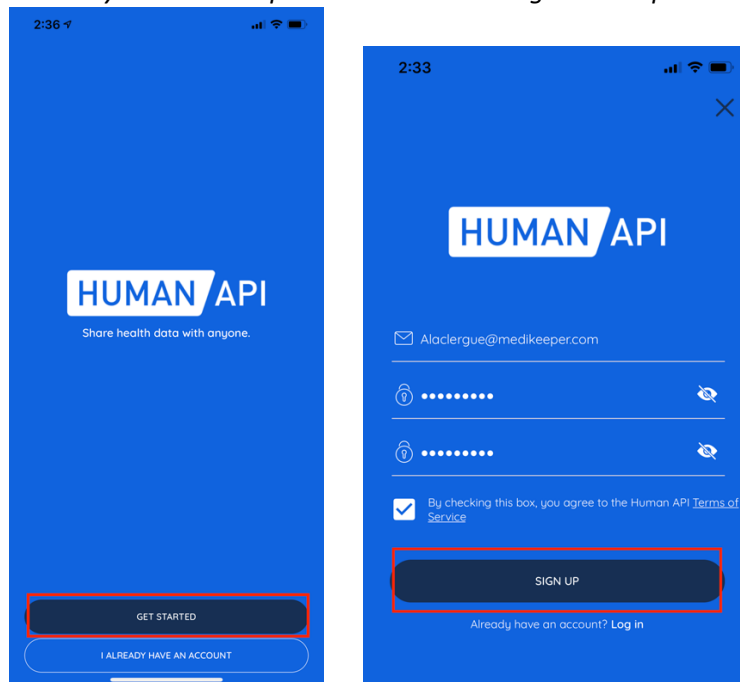

STEP 3

You will be presented with a congratulation screen, letting you know your account has been created. You will click "Sign In".
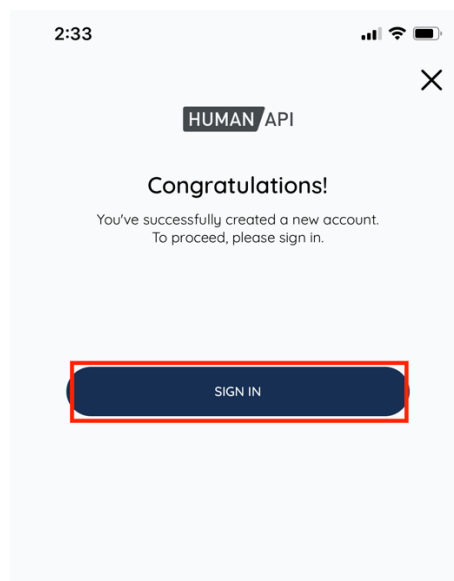
STEP 4

Next you will be asked if you would like to enable Apple Health. You will click "Enable" and on the next screen select which categories you would like to turn on. Once you have selected your categories you will click "Allow" in the upper right-hand corner.
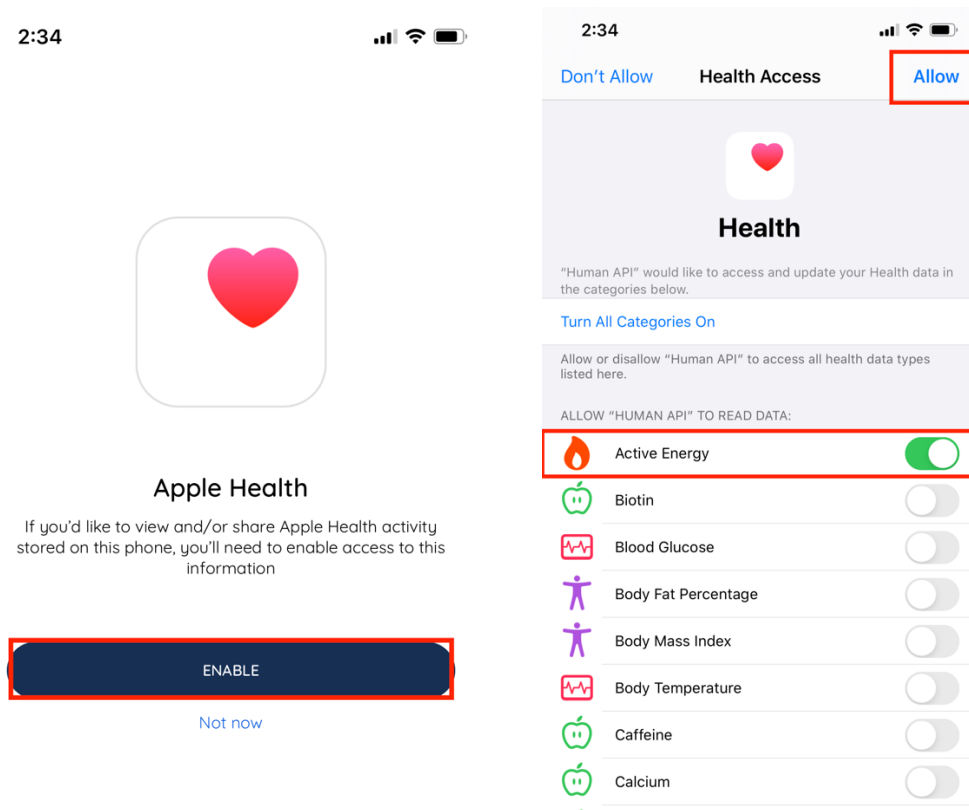
STEP 5

Once you click allow, you will see under "Accounts" that your Apple Health has been connected and when it last synced. You can click on "Health data" at the bottom of your screen to view your activity.
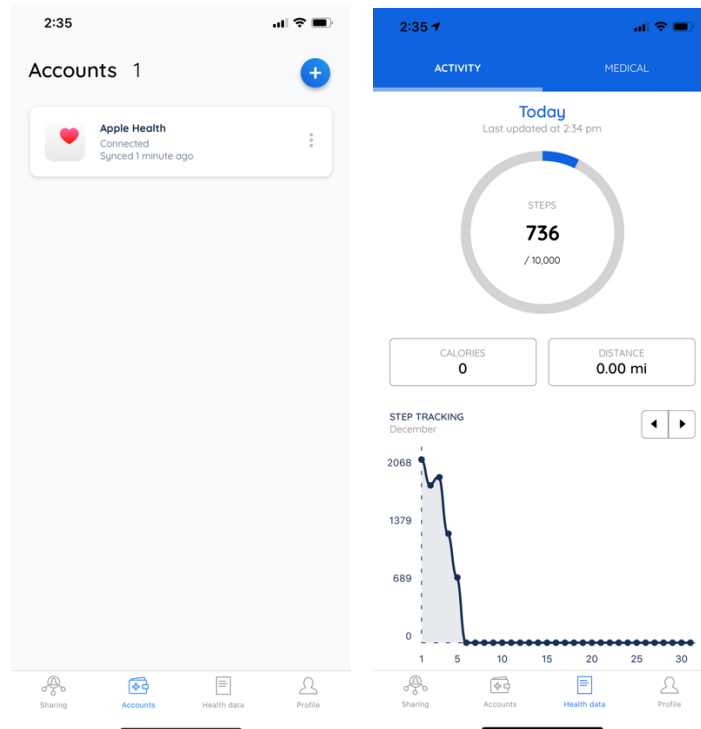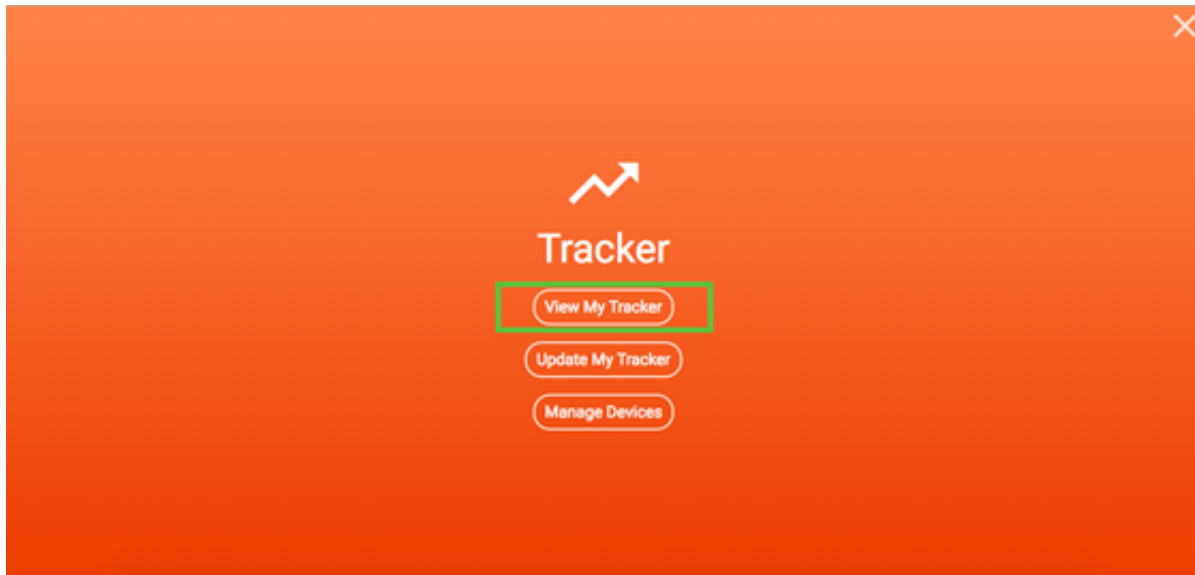

STEP 6

Once you have successfully created your account with Human API you will return to MediKeeper to connect and sync your device in the tracker. Select the Tracker tile from the home screen of your portal.
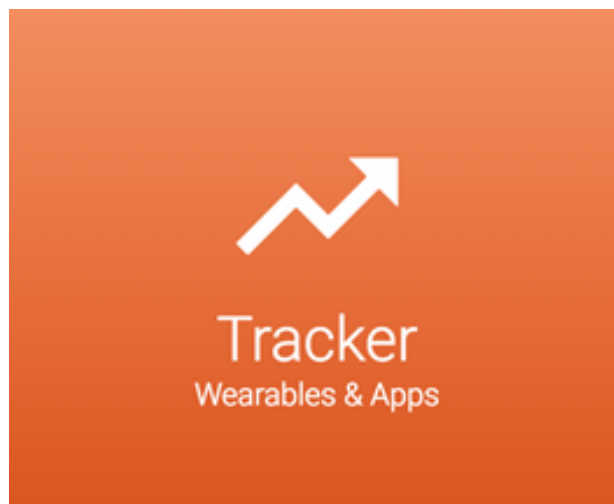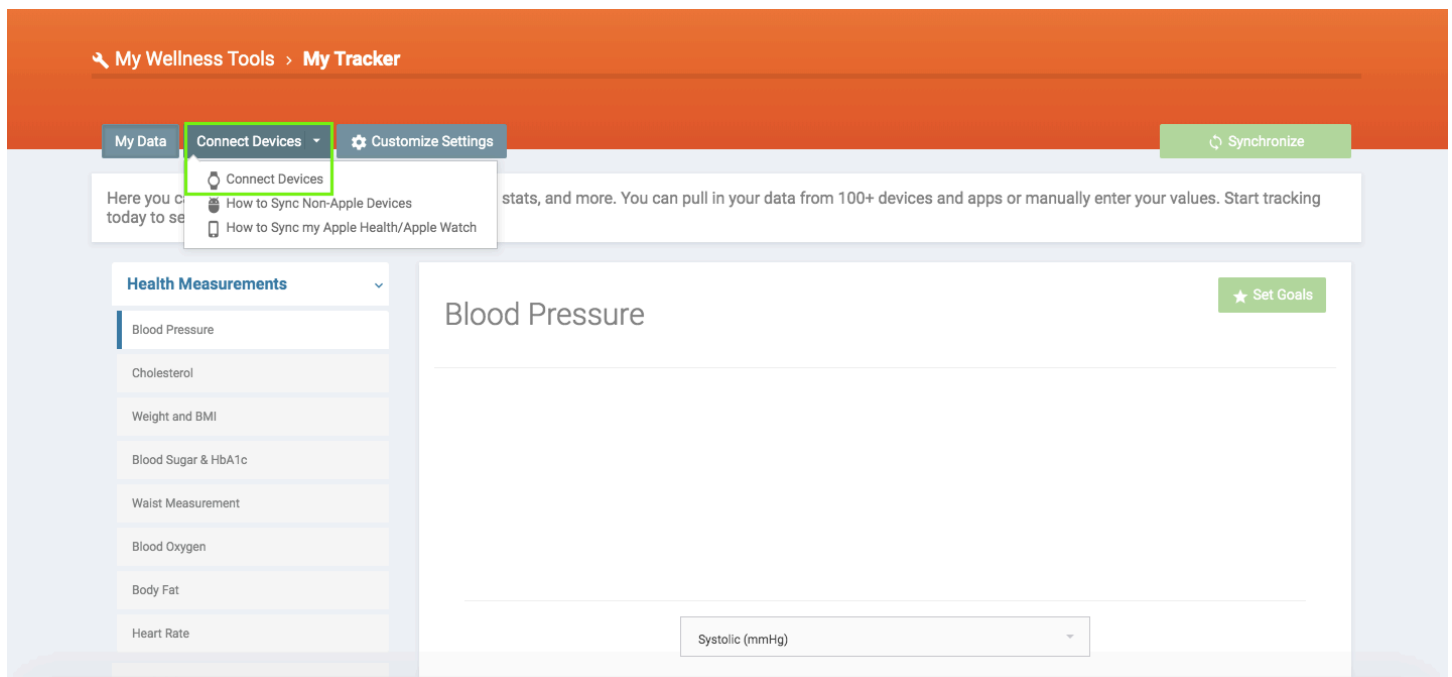
STEP 7

Select the "View My Tracker" option, or click "Manage Devices" to skip next step.
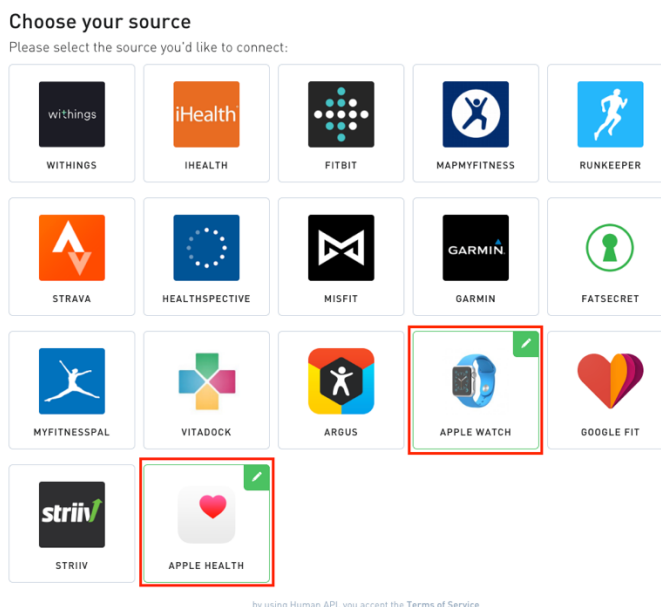

STEP 8

Select "Connect Devices" under the "Connect Devices" dropdown.

STEP 9

Click on the Apple device that you would like to connect. Please note that you can connect multiple devices. Any devices that are already connected have a green icon in the upper right corner.

STEP 10

You will then be present with a pop up reminding you that you will need the Human API app to connect your Apple Health; click "Connect Apple Health using my HumanAPI Account" to continue.
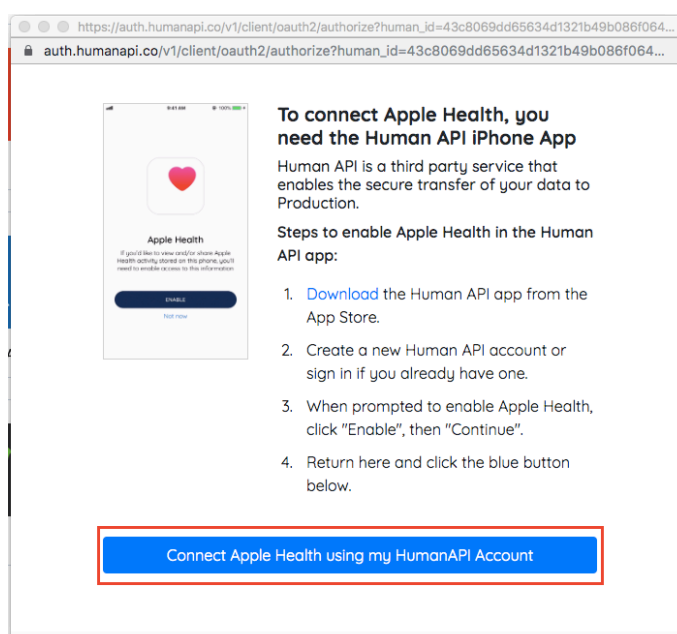
STEP 11

Next, sign in by using the email and password you used to create your account in the app and clicking "Sign In".
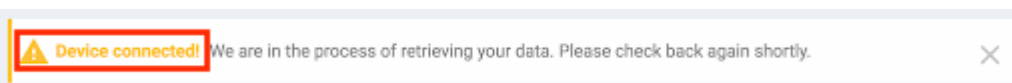

STEP 12

Once your device is successfully connected in MediKeeper you will receive a success message letting you know that your device has been connected, and you will be taken back to the tracker and should see the message that says, "Device Connected!" and your data should appear within the next hour.

STEP 13

Every time you want to sync your Apple devices to your MediKeeper Tracker, open the Human API app, and Human API will then receive your Apple Health/watch data. Remember to open your Human API app at least every 30 days, to make sure your info is up to date.